

Who we are:

A ministry of the Archdiocese of Newark's Respect Life Office

Where we serve:

Currently serving Essex, Hudson & Union Counties. Bergen County coming soon!

What we do:

Resource and referral center for families. Offering weekly food pantry, clothing, housewares, and baby items!

We also offer healing retreats! www.rachelsvineyard.org www.grieftograce.org

Our Upcoming Events:

Coat Giveaway

October 22, 28 & 30

Turkey Giveaway

November 19, 20, & 21

- Christmas Toy Giveaway

December 17, 18 & 23

Things we always need:

Food Pantry

- Pasta/Pasta Sauce
- Coffee/Tea
- Canned Fish/Chicken
- Complete Pancake Mix
- Pancake Syrup
- Breakfast Cereal (Hot/Cold)
- Canned or Dry Beans
- 1lb, 3lb or 5lb Bags of Rice
- Evaporated Milk
- Shelf Stable Milk
- Various Condiments/Seasonings

Baby Items:

- Diapers (sizes 4, 5, 6 & 7) & Baby Wipes
- Unexpired Car Seats
- Gently Used Cribs, Bassinets and PlayPens
- Boys and Girls Toddler clothing

Household Items:

- Small Kitchen Appliances
- Gently Used Sheets/Comforters/Quilts
- Drinking glasses
- Plates
- Utensils

Personal Items

- Gently used clothing for adults & teens
- Personal Toiletries
- Feminine Hygiene Products

How you can help:

- Get together with your ministry and host a drive (food, toiletries, etc.)
 - Volunteer (individuals and groups), contact us for details!

Contact us:

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Visit our website and follow us on social media!

www.rcan.org/mercy-house | @respectlifeofficenewark



